THE MUSTANG POST

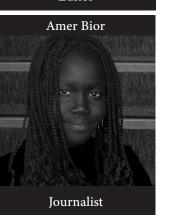


SHEYENNE HIGH SCHOOL'S OFFICIAL NEWSPAPER - FEBRUARY 2024

THE MUSTANG POST

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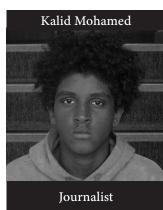
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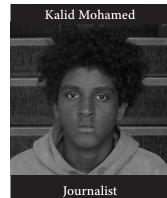
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THE MUSTANG POST

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letter from the editor

Happy Valentines Day!

For the first time ever the Post is doing a themed holiday issue! In the past we've dabbled in seasonal themed articles but never to this degree! Expect a full bouquets worth of Valentines day articles.

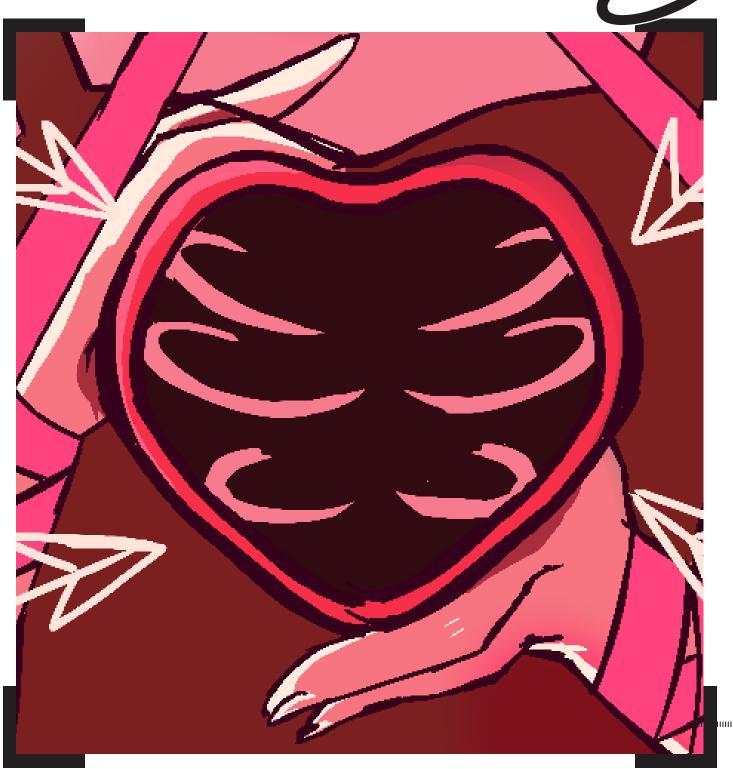
Alongside that you can expect some local articles for FM area! Again, we've dabbled in this idea here and there throughout the years but this will (hopefully) become a new trend here at the Post.

Finally, I'd like to introduce you to our new articles. Most articles will now be classified under overarching genres like "Fashion Cents" (fashion related articles) or "Game Changers" (sports related articles). You shouldn't see a major change to the contents of articles being produced at the Post but more a shift away from the chaos previously featured.



Thank you for reading and best wishes,
From Logan Jacobs and the entire Editor Team

ARTISEpotlight



Featuring Sheyenne High School's Student Artists

ABOUT THE ARTIST

My name is Amer Bior. I'm 15 years old and on my freshman year. I've been drawing since I was about 4-5 years old. I dont exactly have an artstyle since it changes a little depending on what I'm drawing, but there are things that repeat in my style like the shape of my characters' heads.

I do a mixture of digital and traditional, and I just use whatever I have on me. Sometimes, when I was a kid, I'd use pen and draw on mail.

Amer Bior



Official art for Valentines Day depicting Elysia from my manga, 444.

Pencil Sketch to Digital Media using Procreate

Amer Bior

au

SAW: CONVINCING GORE AND PRACTICAL EFFECTS



By Addison McCroskey

Severed limbs. Gashed skin. Coagulated blood. Mangled faces. Believe it or not, this is a fluent language for some. Films featuring gore, otherwise known as "the splatter genre," are a captivating approach towards immersing the audience in fear. Although many argue this genre is unsettling, many claim to enjoy a good bloodbath.

Any franchise with ten movies must be a good watch... right? Exactly. Saw is world-renowned for its gruesome and grisly kills with ten films and an eleventh in the making. Compiling a multi-million-dollar franchise in a span of 19 years, (2004-2023) feeds an audience's constant need for malicious and intriguing stories, each unique from the others.

John Kramer, the Jigsaw killer, captures unsuspecting victims and puts them against fatal games, some of which include hacking off your own limbs. Hence his famous quote, "I want to play a game."

This is perceived by many as a psychological trial.

The concept of fixing a troubled person's morals and forcing them to lead their lives with a purpose is what James Wan and Leigh Whanell based the entirety of the franchise on.

These victims, usually troubled and ungrateful, have to complete the challenges in minutes which promptly adds tension. With this, the audience might feel an immense feeling of anticipation or anxiety when the victims fight for their lives.

Tobin Bell as John Kramer, the mastermind behind the movies.

Image courtesy of: Sportskeeda

The craftmanship of this series isn't strictly limited to simple plot points but is filled with various practical and mechanical effects. Wan and Whanell maintained low production costs for the entire franchise, totalling 106 million USD. This includes thousands of fiberoptic needles, (Saw II) 25+ gallons of fake blood, (Saw 3D) and 73 intricate traps throughout the series. On top of that, Wan and Whanell interviewed real surgeons from the UCLA medical center, to make sure scenes were realistic and copacetic. Two thrilling traps in this franchise are; The Needle Pit (Saw II), and the Razor Box (Saw II).

The Needle Pit was a trap located on the top floor of the Nerve Gas House, the pit in the floor was filled with hundreds of thousands of used syringes. These "needles" were clipped and unable to penetrate skin. Although prosthetics and editing might make someone think otherwise.

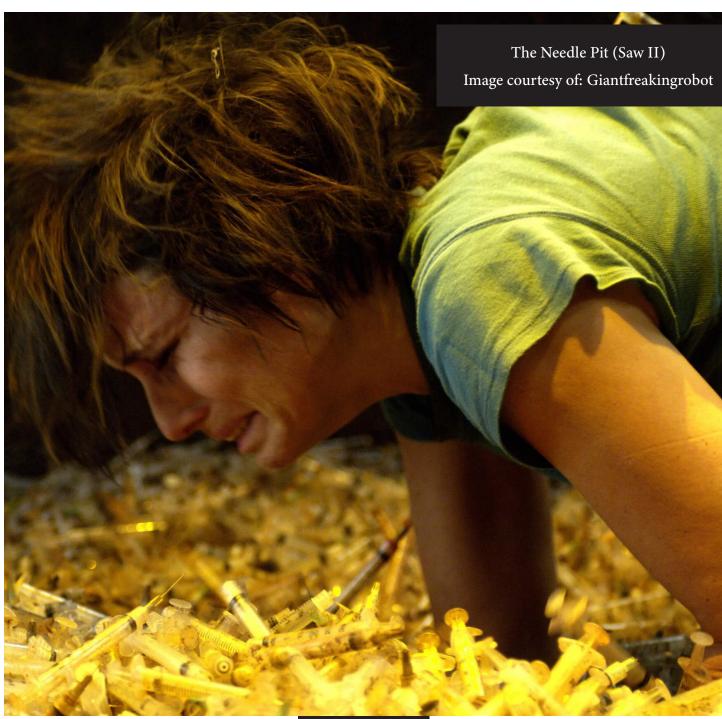
The Razor Box, made of glass and suspended from the ceiling, is located in the Nerve Gas House with an antidote inside. Additionally, two armholes with large razors, are impossible for the victim to see. Ironically, on the other side of the box is a lock and key ready to use.

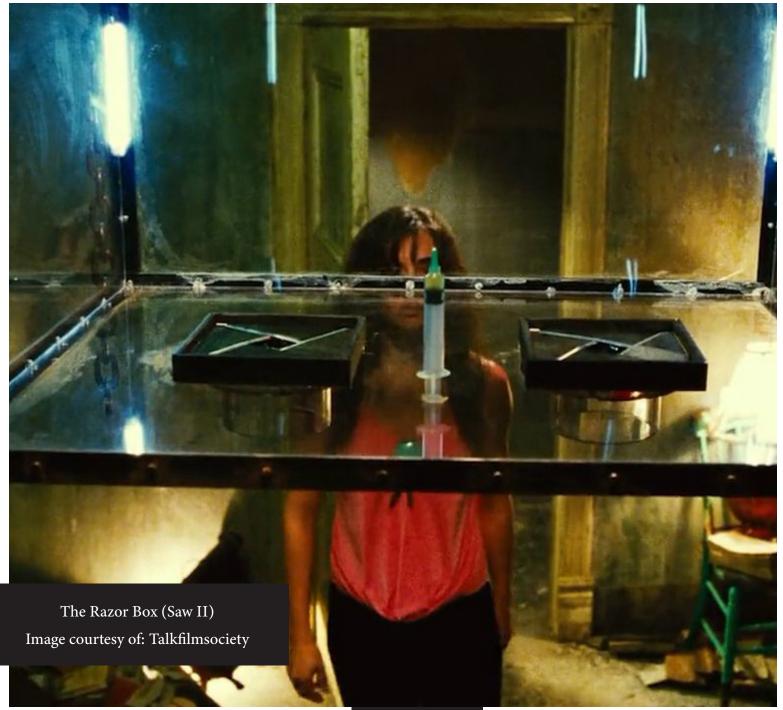
Compiled with minimal CGI, and a hearty use of prosthetics, Saw is well known for its top-notch visual effects. During editing editors would grunge and grain up shots to sell the "security camera" bit. Which may double as a coverup for the low-quality filming they pulled together in 18 days. (Saw I)

The desperation tied to life-or-death, surrounding humans is notorious for causing hasty mistakes that are normally avoidable. A person's survival instincts, although not always harmful, can cause irrational behav-

ior and adrenaline rush.

Saw is a mind-bending delve into the horror genre, and an addicting series from the start. Despite worldwide criticism, Wan and Whanell have continued to produce some of the most fine-tuned horror films of the past 20 years.





Valentine's Ray Rate Ideas

If you and your partner choose to stay in for the holiday, I have the perfect idea for you! You can never go wrong with a classic Rom-Com. Watching a romance movie is not only perfect for you and your significant other, but available to watch from the comfort of your own home. A few universal favorites are "10 Things I Hate About You" (1999), "How to Lose a Guy in 10 Days" (2003), and "To All the Boys I've Loved Before" (2018).

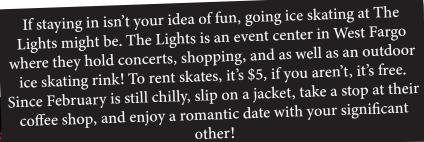
Image courtesy of bcgavel.com



Happy Valentine's Day! Love is in the air, as well as how the day should be spent.
Some couples go on a date night out, and others enjoy staying in. So, here are four affordable and romantic ways to spend your Valentine's Day.

But you forgot something, food! Every movie needs snacks, so get a taste of baking with your partner. Baking is a great bonding experience, it gives you the time to talk, while also having fun. Some easy but without doubt delicious food recipes are chocolate chip cookies, brownies, and cake bars.

Image courtesy of rd.com



If you're looking for more variety, try out Kingpinz in Fargo! Kingpinz is not only one of the most highly rated bowling places in Fargo, but has other activities such as laser tag, escape rooms, and an arcade. This is the perfect place for you to spend time with your partner while also having a ball.



Classic Love Songs

By Savannah Swanson

Classic love songs can be described as a timeless, beautiful melody with heartful lyrics. The lyrics include how one may feel about their lover and explain the deep devotion and love they have for them. The songs usually include catchy lyrics, poetic language, and strong emotions. Most classic love songs are not always the best love songs, but they are sweet, deep and meaningful. They are made to catch listeners interest and make them memorize the lyrics.

My Heart Will Go On by Celine Dion is a song known as the wildly popular theme song for the film Titanic. Signifying a deep, enduring love that persists even in the face of challenges or loss. The undying nature of a true, pure love, and overcoming challenges and life sufferings.



Die with a Smile by Lady Gaga and Bruno Mars is a song about the importance of cherishing time with loved ones. It expresses the powerful longing to be with a loved one, highlighting the urgency and depth of their love in the face of uncertainty and potential endings. The song evokes a range of emotions it can be melancholic and uplifting making you want to get up and dance with your loved one.



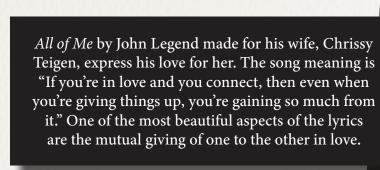
Can't Help Falling in Love by Elvis Presley has a meaning of someone experiencing such a strong and powerful feeling of love for another person that they feel completely unable to resist them. It suggests that love is a strong emotion that can overcome one's will. It makes you feel the feeling of happiness, tenderness, and vulnerability.





THE TEMPTATIONS

My Girl by The Temptations a love song about how a man feels about his woman and how she makes everything better. A timeless and classic love song that's been played countless times. The song's cheerful melody and heartfelt lyrics make it a popular choice for weddings.



ALL OF ME

CIGARETTES AFTER SEX

Nothing Gonna Hurt You Baby by Cigarettes After Sex a deeply romantic song, where the singer reassures their lover that as long as they are together, no harm will come to them. Expressing sense of protection and unwavering love towards their spouse/lover. The song contains reamy sound and lyrics contribute to a feeling of intense emotional connection and vulnerability that happens within a relationship.

A Frank Ocean Debrief

The song Ivy is Frank Ocean's 5th most popular song that has an estimate of 994,180,615 streams.

The popularity of this song is well deserved, but it has a deeper meaning than you may think. Frank once said in an interview "What inspires me to make music is I guess I'm just inspired to tell stories." Which in this song he does. This song reflects the artist's experiences with young love; a relationship that started beautifully but then suddenly became the opposite.

He sings about the feelings of nostalgia, love, but eventually, sorrow. This is not only a love song, but a retrospection.

The message of the song is that as we grow, we learn lessons and we make mistakes, but these mistakes do not define us as people, they mold us into who we are today. He lyricizes this in his song by using the words "I ain't a kid no more" this line is a depiction of the person he once used to be but isn't anymore.

Another lyric with deeper meaning behind it is "All the things I didn't mean to say / I didn't mean to do". It signifies the regret he felt after the words he said, which led to the degradation of the relationship. This song is loved by many, and some people can even relate to his experiences. It will forever have a place in our hearts.

-Gemma

By Gemma Ludwig & Allison Ambuehl



Godspeed is Frank Ocean's 13th most streamed song with 465,342,193 total streams.

Although many people may think this song is a love song about a specific person, Frank states in his companion magazine that Godspeed is a love song about his boyhood and how it's his favorite part of his life when he looks back at it, even if it wasn't all good and he wished so badly for what he has now back then.

Unconditional love and closure is the general theme for this song along with feeling a deep connection. Frank Ocean explains throughout the song that he will always be there for the people he grew up with even if it is from afar.

He also lyricizes that he has let go of these people/part of his life and accept that it has gone even though they are always welcome back. This song touches the hearts of many through relatability and how he presents the lyrics in such a way that you can tell how fond he is of this part of his life.

At first listen, you might have mistaken this song for a love song about someone else but its more so about his love for himself. He expresses that his boyhood will always be a part of him even as he learns and grows throughout his life.

-Allison



Blossom Bunny is a \$22 stuffed bunny that comes in 4

different colrs such as, blush (shown in the picture),

beige, silver, and cream. If you're an animal lover like me,

this bunny is a purrfect companion for you.

health&beauty

fashiorcents



By Allison Ambuehl

Fashion cents is a line of articles focusing on clothing, health, beauty accesories, and shoes in adition to local boutiques, spas, and salons.

This month's article focuses on Valentines Jellycats. Jellycat is a popular stuffed animal brand. They are a good quailty, adorable, and great gift for a special someone on Valentines Day! Amuseables Rose Boquet is a perfect \$50 gift for Valentine's Day. If you want to get someone else, or yourself, flowers but make them durable and long-lasting this is the Jellycat for you!



Munro Scottie Dog 'Love You' is another great option for \$40. If you or your special someone is a dog person then you might wanna snag this adorable stuffed animal.



Amuseables Beatie Heart is \$22 and so fluffing cute! Presuming that you just want something simple and small, this heart is ideal for you.

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health&beauty

fashiorcents



Hugg Mcsnugg for \$25 is a excellent creature if you maybe don't have anyone to spend the day with and want a human-like companion to pass the time this Valentines!

Bartholomew Bear 'Heart Throb' is a grrr-eat choice for a woodsy person who enjoys nature! It's sold for \$45.



This mini version of the cream bunny is a perfect accessory for a keychain, backpack, or wallet for \$28 if you dont think the person you're giving this to would appreciate the regular size animal.

ionif

These Val & Tina Heart Lockets are a sweet \$40 option if you want to signify your bond with someone or make it known you are locked in for life!

Foodie Finds

By Savannah Swanson



Tanghulu, a fruit skewer coated in a clear, hardened sugar syrup, made with sour hawthorn berries, but you can use any fruit you like. Tanghulu is made by skewering fruit and dipped into a hot sugar syrup and allowing it harden. It is a very popular street food treat in China. It became a popular trend on TikTok and Instagram during the early 2023.



Korean Barbecue, a dining experience that involves grilling marinated meat and enjoying it with a variety of side dishes. Smaller cuts of meat like beef short ribs, pork belly, brisket, or beef tongue. Includes all kinds of textures chewy and crunchy and tastes like sweet, savory, spicy, sour, and bitter. An important aspect of Korean Barbecue is cooking the food on a grill built into the table, but some restaurants provide portable stoves or chefs cook the food to order. Places to eat Korean Barbecue locally are KPOT Korean BBQ & Hot Pot, Little Brother, and SOHO 23.



Birra tacos, became a trendy food in the 2020s, it gained popularity in late 2020 and early 2021 and one of the most popular food especially within the Mexican cuisine, due to their sudden popularity across the United States. Birra tacos include shredded beef that has been marinated in a spicy chili-based sauce, served on a corn tortilla with melted cheese, Cilantro, and diced onion on top. You can even make these juicy, tender tacos from home! You can go and eat Birra Tacos locally at Tacos Trompo, Rebecco's Taco Bar, and Acapulco Mexican Restaurant.

Foodie Finds



New Lays chip flavors to try are Crispy Taco, BLT Sandwich, Fried Pickles With Ranch, and Kettle Cooked Lime & Cracked Pepper. Lay's are a easy to go snack, they are farm-grown potatoes, cooked and seasoned to perfection.



Takis, Mexican brand of rolled tortilla chips that are known for their spicy flavors. The most popular flavors are Fuego, Blue Heat, and Nitro. Many people enjoy Takis because of their intense flavor, satisfying crunch, and citrus flavor which further enhances people to eat them even more.



Tru Fru, a brand of frozen fruit covered in chocolate.
Tru Fru has strawberries, raspberries, bananas, peaches, mangoes, blueberries, and cherries fruit that are either cover in white/dark chocolate or peanut butter. They are also gluten free and contain no genetically modified ingredients.



were found in Ancient Egypt tombs and paintings.

Most famously, roses were found in the tomb of

end of life because she created them after Adonis

was killed by a wild boar.

think of a tulip or lily, but everyone will think of a

rose. Roses are the most popular flower worldwide



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The Birthstone of Each Month

By Avayah Baxton

January's birthstone is Garnet. Garnet can be found in all shades of red as well as orange, yellow, green, blue, and purple. The word Garnet comes from the Latin word "granatus" meaning pomegranate; the gem naturally resembles the shape and color of a pomegranate seed. Garnets represent creative light and inner healing; they symbolize trust, loyalty, and friendship. Garnets are known to bring good fortune and protect whoever wears it from negative energy.

The birthstone for February is Amethyst. Amethyst is a type of quartz and its color ranges from light to dark purple; its name (Amethyst) comes from the Greek word "nepho" meaning "sober" as it was believed to guard against intoxication in ancient Greek mythology. It is believed to provide powerful protection and help to guard against negative energy and psychic attacks. They are also known to encourage creativity, peace of mind, and intuition.

Amythest iamge courtesy of pexels.com

For the month of March, the modern birthstone is Aquamarine (traditionally the birthstone is Bloodstone). The name aquamarine comes from the Latin word for water, "aqua" and the Greek word for sea, "mare." The stone is thought to protect sailors and fisherman and ensure a safe voyage. It is also believed to bring good luck, peace, and prosperity. Aquamarine has a blue-green color that tends to range from pale blue to a strong green; but they can also be found in a medium blue.

April has Diamond as its birthstone. A Diamond represents love, strength, and commitment. They can be found in clear, white, black, pink, and yellow. The word diamond originates from the Greek word "adamas" meaning invincible. Diamonds are also believed to help enhance mental clarity and focus as well as improve concentration and increase productivity.

The birthstone Emerald represents May. Emeralds are a gorgeous green. They symbolize the renewal associated with spring and they also represent truth, wisdom, intuition, foresight, loyalty, abundance, success, and love. The word emerald stems from the Greek word "smaragdus" which means green gem.

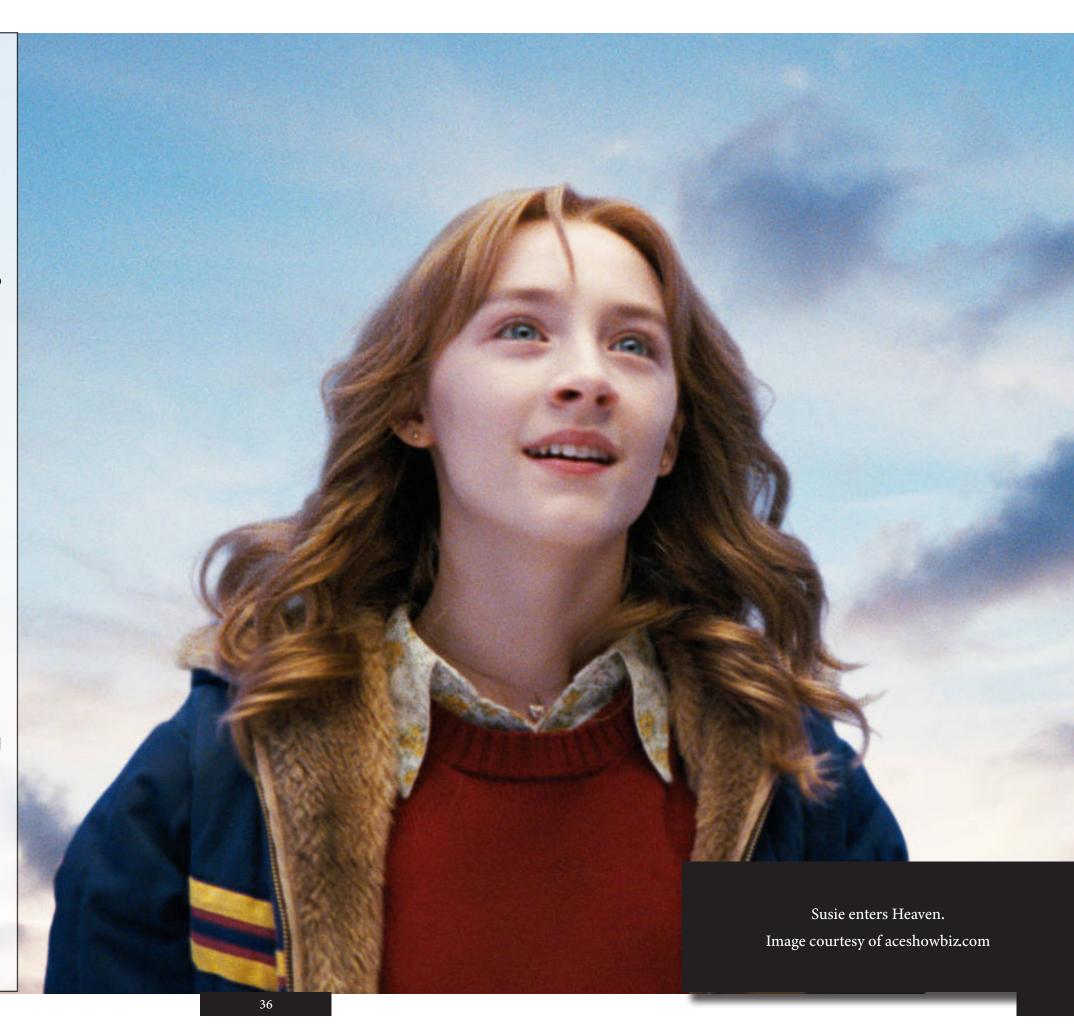
June has a Pearl for its birthstone. The meaning behind a pearl can change with its color. A white pearl often symbolizes purity and elegance, black pearls represent mystery and sophistication; pink pearls embody love and compassion, golden pearls are associated with wealth and prosperity. The word pearl comes from the French Perle, which originated from the Latin Perna 'leg', after the ham- or mutton leg-shaped bivalve.



is said to mirror the dynamic nature of human emotions; this is thought to encourage individuals to express and embrace their feelings honestly. The word opal comes from the Latin word "opalus" which means precious jewel; and the Greek word "opallios" meaning "to see a change in color".

November's modern birthstones are Topaz. This stone can be found in blue, orange, pink, brown, rare varieties of red, and even colorless; most commonly though Topaz is associated with a golden yellow hue. Topaz is known to promote spiritual awareness and awakening, encourage personal growth and pursuing of a spiritual path, balance thoughts and demotions for inner healing and rejuvenation, bring one closer to the divine, and enhance psychic abilities such as clairvoyance, telepathy, and intuition. The word topaz comes from Topazios, the old Greek name for a small island in the Red Sea, which is now called Zabargad.

December has Turquoise as its birthstone. The word "turquoise" comes from the French word "turquerie" which means "Turkey". The mineral turquoise was first mined in Turkey, where it was thought to have come from the sky. This gemstone can be found in blue or green. It is believed to provide protection from harm, boost confidence, and attract good luck. Turquoise is also said to be beneficial for the mind, body, and spirit. This gem is thought to promote positive thinking, help with anxiety and depression, and boost the immune system.



By Gemma Ludwig

The Lovely Bones is a fascinating drama film released in 2009 by Peter Jackson written by Fran Walsh, and Philippa Boyens.

Set in 1973, a daughter watches over her parents, Abigail and Jack Salmon, from Heaven while they unravel the mystery surrounding her death.

What made the parents' mourning of their daughter even more difficult was they had no idea who murdered her on a December evening. Little did they know, the murderer lived just down the block.

Running late from school, Susie takes a shortcut through a cornfield. She comes across her neighbor Mr. Harvey; he asks her to take a look at the new bunker he built. She declines, but Mr. Harvey manipulates her into believing it is a hangout spot for kids around the neighborhood. This leaves susie intrested, so she agrees.

Susie picks up a strange feeling about Mr. Harvey and tells him she must get home. He rejects, so she tries to escape by running up the stairs towards the bunker's exit. He grabs her. Not long after, she was violently murdered. He hides all substantial evidence.

When Susie doesn't come home, her parents begin to worry. It wasn't long before they begin to look for her. With no luck, the family decides to leave the investigation to the police.

The officers ask around the neighborhood, eventually coming across Mr. Harvey, they find him to be "odd" but not suspicious.

After further investigation, the detectives found a hat Susie was wearing as well as a significant amount of blood. Jack reassures Abigail that she could still be alive, but she wanted to drop it. Jack could not after feeling Susie's presence from Heaven.

This was until they realized Susie wasn't going to return. Since Abigail wasn't able to move on from the loss of her child, she moved to California and got a job at an orchard.

Jack had a growing suspicion that Mr. Harvey had something to do with Susie's death after a conversation with him. So, he follows him with a baseball bat. While doing so, he gets beat up by a boy who felt threatend. Mr. Harvey watches from afar.















A CHEZ-IT REFLECTION

EXTRA CHEESINESS

By Abby Smith

white cheddar

Family-size. Snack-size. Does it really matter when it comes to Cheez-itz? Man, they're all good. Well, not all good. Take for example the Vomit Cheez-its. Not only do they have the texture of barf, they taste like it too. Instant throw-up-in-your-mouth-and-swallow terrible.

But, oh man, White Cheddar Cheez-its are what everyone, and I mean everyone wants and needs. That light dusting of fake cheese, the slightly crisp cracker, the packed-in squirrel feeling you get near your teeth. All that goes into making these Cheez-it's the clear winner when it comes to this tasty snack.

Throughout the years companies look to improve their products. Cheese-itz has improved their product by adding different flavors and making buyers more excited to try their products and taste the new fantastic flavors.

They started out with the normal Cheese-it no added cheese or other flavoring just the regular plain Cheese-it. There will be times where I don't always want the crazy flavors and want to go back to the basics. The taste of an original Cheese-itz can bring you back to when the times were simpler and when the world felt light.

The Cheese-itz with flavor though, they are on a whole different level. When you set that Cheeseit on your tongue and you taste every little bit of cheese-it goodness it brings you back to a state of happiness. It gives you an exciting feeling, that same feeling when you get a package in the mail, or you get some money from your grandma. The feeling you never want to go away.

When you read this don't you want to go buy some Cheese-itz to try? Well, do it! Go buy those Cheese-itz!



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